

**AUTHORIZATION TO DISCLOSE PROTECTED HEALTH INFORMATION**

**Full Name** \_\_\_\_\_

Regence ID# \_\_\_\_\_ Date of Birth \_\_\_\_\_

I authorize Regence BlueShield to disclose the following information:

- |   |   |
|---|---|
| <input type="checkbox"/> Enrollment, eligibility, and benefit information | <input type="checkbox"/> Claims, claim status, and claim history* |
| <input type="checkbox"/> Medical records and diagnosis*                   | <input type="checkbox"/> Premium and billing information          |
| <input type="checkbox"/> Psychotherapy notes*                             | <input type="checkbox"/> Other _____                              |

Regence BlueShield is authorized to disclose the information identified above to the following person(s) or entity(ies):

Name \_\_\_\_\_ Name \_\_\_\_\_

Address \_\_\_\_\_ Address \_\_\_\_\_

Phone(\_\_\_\_\_) \_\_\_\_\_ Phone(\_\_\_\_\_) \_\_\_\_\_

The purpose of this disclosure is:  to assist me with my health plan  Other \_\_\_\_\_

This authorization is valid for two years from the date of my signature or until \_\_\_\_\_  
\_\_\_\_\_ (cannot exceed two years from date of signature).

I may cancel this authorization at any time by sending written notice to Regence BlueShield, P.O. Box 1271, Portland, OR 97207-1271, MS-C7A, Portland, OR 97207-1271. Cancellation of this authorization will not affect any actions taken by Regence BlueShield before receiving my cancellation notice.

I understand completing this authorization is not a condition to receive treatment, payment, or eligibility. Regence BlueShield is not responsible for any action taken by an authorized recipient of my protected health information. I am aware that an authorized recipient may redisclose my information and the privacy protections provided by law may be lost.

▶ \_\_\_\_\_  
Signed Dated

If this authorization is signed by a person acting on behalf of another person, please complete the following and attach documentation demonstrating your authority to act on behalf of another. (e.g., power of attorney, guardianship, conservatorship, etc.)

\_\_\_\_\_  
Name of Personal Representative (please print) Phone Relationship

▶ \_\_\_\_\_  
Signature of Personal Representative

\*Note: Information about claims, medical records, diagnosis, and psychotherapy notes may contain sensitive data, including data related to treatment of chemical Dependency, sexually transmitted disease, HIV/AIDS, mental health, and reproduction or contraception. **DO NOT** check the boxes authorizing the disclosure of Claims, medical records, diagnosis, or psychotherapy notes if you do not want information relating to these sensitive conditions released.



Regence BlueShield is an Independent Licensee  
of the Blue Cross and Blue Shield Association

**Please return completed form to Regence: P.O. Box 1271 MS-C7A, Portland, OR 97207-1271**