



STAYING WELL

REGENCE ADVANTAGES

Save money and feel great!

Shopping for goods and services?

Looking for healthy savings?

Learn what we can do for you.

As a Regence member, you can enjoy savings on the following health-related products and services. This discount program is offered to all Regence members at no additional cost (although some discounted programs offered by vendors may carry separate fees). **Regence Advantages is not insurance but is offered in addition to your medical and/or dental plan(s) to help you stay healthy and live better.**

- **EyeMed Vision Care®:** Save 35% on a complete pair of glasses (frames and lenses). Save 15% on non-disposable contacts and \$10 on contact fittings. Discounts are available at leading retailers and many private practice locations.
- **QualSight®:** QualSight makes LASIK easy for members. You can save 40–50% on the national average price of Traditional LASIK or receive savings on procedures such as Custom Bladeless (all laser) LASIK. Find out if you are a potential candidate for this life-changing procedure today.
- **Zenni Optical:** Get high-quality, affordable and stylish prescription eyeglasses direct from the factory. You receive 5% off Zenni's already low prices, with complete prescription eyewear starting at \$6.95. Zenni's online store offers over 3,000 frame styles. Turn any pair of Zenni eyeglasses into sunglasses with a wide selection of tinted lenses.
- **TruVision™:** Significant discounts are offered on laser vision correction procedures such as LASIK and PRK and 10–15% savings on mail-order contact lenses. TruVision uses TLC Laser Eye Centers, which has performed over 2 million LASIK procedures and offers a Lifetime Savings Commitment®.
- **TruHearing®**:** Save an average of \$890 per hearing aid on over 90 models and 400 styles from five leading manufacturers. Each purchase includes a 45-day money-back guarantee and extended three-year manufacturers' warranties, which include one-time loss and damage coverage, along with 48 batteries per hearing aid. Make your appointment through TruHearing to ensure preferred pricing. You can buy an additional 120 batteries for \$39.
- **Beltone Hearing Care™**:** Members receive set retail prices as low as \$995 for Beltone hearing aids, plus free hearing screening, three-year manufacturer's warranty, loss and damage coverage, and a three-year supply of batteries.

Want to learn more?

Access member discounts at [regence.com/advantages](https://www.regence.com/advantages)

Regence is completely independent from the companies that provide these products and services. Regence does not endorse or guarantee the products and services offered or their effectiveness. Regence reserves the right to change the program at any time without prior notice.

Regence BlueShield • 1800 Ninth Avenue • Seattle, WA 98101



Regence BlueShield serves select counties in the state of Washington and is an Independent Licensee of the Blue Cross and Blue Shield Association



- **Amplifon Hearing Health Care**:** Save 40% on diagnostic services, including hearing exams, and get savings on hearing aids. You'll enjoy a 60-day no-risk trial; one-year follow-up care; a three-year warranty, including coverage for loss and damage; and two years of free batteries (160 per hearing aid) with a lowest-price guarantee.
- **Epic® Dental:** Save 25% on smile-protecting supplies, including mouthwash, gums, mints and toothpaste. All contain xylitol, a natural ingredient that fights cavities.
- **Dental Optimizer Lollipops:** Stop cavities and decay with all-natural lollipops from Dental Optimizer. They eliminate cavity-causing bacteria, while leaving healthy bacteria intact. Save 15% on lollipops and other products.
- **National Allergy Supply:** Save 15% on products for non-drug allergy relief, including pillow and mattress encasings, air filtration, asthma management tools, green cleaning products and personal care products. Enjoy discount prices, outstanding service and a 60-day unconditional return policy with no restocking fees.
- **CHP CAMaffinity Program:** You're eligible for the CHP CAMaffinity Program, which provides a 20% discount on complementary and alternative medicine (CAM) services offered through The CHP Group's network of chiropractors, acupuncturists, naturopathic physicians and massage therapists.
- **CHP Active and Healthy:** This discount program gets you up, moving and saving money! With discounts on thousands of vendors (e.g., health clubs, ski resorts, sporting events, museums) for a small annual fee, it's your source for deals on healthy and fun activities.
- **Nautilus, Inc.:** Enjoy 10% off and free shipping on home gym products from Nautilus, Inc., including its #1 selling home cardio machine: The Bowflex® TreadClimber® TC20.
- **Take Shape for Life® Independent Certified Health Coach, Tonja Noretto:** Save \$25 or more on your first month's order! This safe weight management and health program uses clinically proven Medifast® products and a personal health coach for one-on-one guidance and encouragement. Lose weight and manage disease and health through nutritional intervention, free access to health care professionals, educational materials, and the "Habits of Health" system. There are no hidden costs or start-up fees.
- **Jenny Craig®:** When you're ready to lose weight, Jenny Craig makes it simple. You don't have to count, track or worry over every meal. You'll have everything you need to succeed. A day on Jenny Craig includes highly personal one-on-one support plus breakfast, lunch, dinner, snacks and desserts. Save 50% on All Access Enrollment and 5% on All Food Purchases.*
- **Safe Beginnings®:** Save 15% on Safe Beginnings products, including safety gates, cabinet locks, outlet covers, window guards, and many other baby-proofing products.
- **CorCell® Saving Baby's Cord Blood®:** Cord blood stem cells are being used to treat more than 80 diseases, and research is ongoing to find treatments for more. Regence has partnered with CorCell to offer members a special low price of only \$900 on umbilical cord blood collection.
- **Everest Funeral Planning and Concierge Service:** Save \$50 on the enrollment fee for Everest's funeral-planning services. Advisors are there 24 hours a day to help you make informed decisions about funeral-related issues.
- **Banfield Pet Hospital®:** You receive a waived enrollment fee for Banfield Pet Hospital's Optimum Wellness Plans®, packages of preventive care that include annual blood work, vaccinations, de-worming, unlimited office visits, plus more. Banfield is the largest veterinary hospital in the world with 850 locations nationwide.
- **Gatheredtable:** Gatheredtable makes homemade meals easier with customized weekly meal plans and grocery lists in your inbox. Edit menus and add recipes from the internet to eat better and save time and money. Enjoy a 10-day free trial. Then save 50% on a 1-year subscription. You pay \$60 for a year. That's just \$5/month!
- **Mom's Meals NourishCare:** Mom's Meals is a leading provider of nutrition solutions delivered to any home nationwide. The delicious fresh-made meals are dietitian-designed and chef-prepared, and they include menus for health conditions. Choose from 70 fully prepared nutritious meal choices.
- **WINFertility:** For 15 years, WINFertility has been a trusted resource, linking those dealing with infertility with a network of accessible, affordable and proven fertility specialists. WINFertility offers you lower-than-market-rate treatment bundles consisting of the medical services and medications required to help you have a baby.

**50% discount on \$99 enrollment fee. Enrollment and monthly fees of \$19 required. Plus the cost of food. Plus the cost of shipping, if applicable. Member is responsible for all payments for the Jenny Craig Program. Active program enrollment and program eligibility status required, which includes meeting with a consultant and adhering to the full Jenny Craig meal plan based on stage of weight loss. Upon request, must provide proof of eligibility for participation in organization's wellness program that is registered with Jenny Craig. No cash value. Not valid with any other offer or discounts. Only available at participating locations and Jenny Craig Anywhere. Not valid at jennycraig.com. New members only. Restrictions apply. Offer expires 12/31/2016.*

***Discounts through Amplifon Hearing Health Care (also includes extended family), TruHearing and Beltone are available to members and their parents and grandparents.*